

# **La Boucle Des Roses**

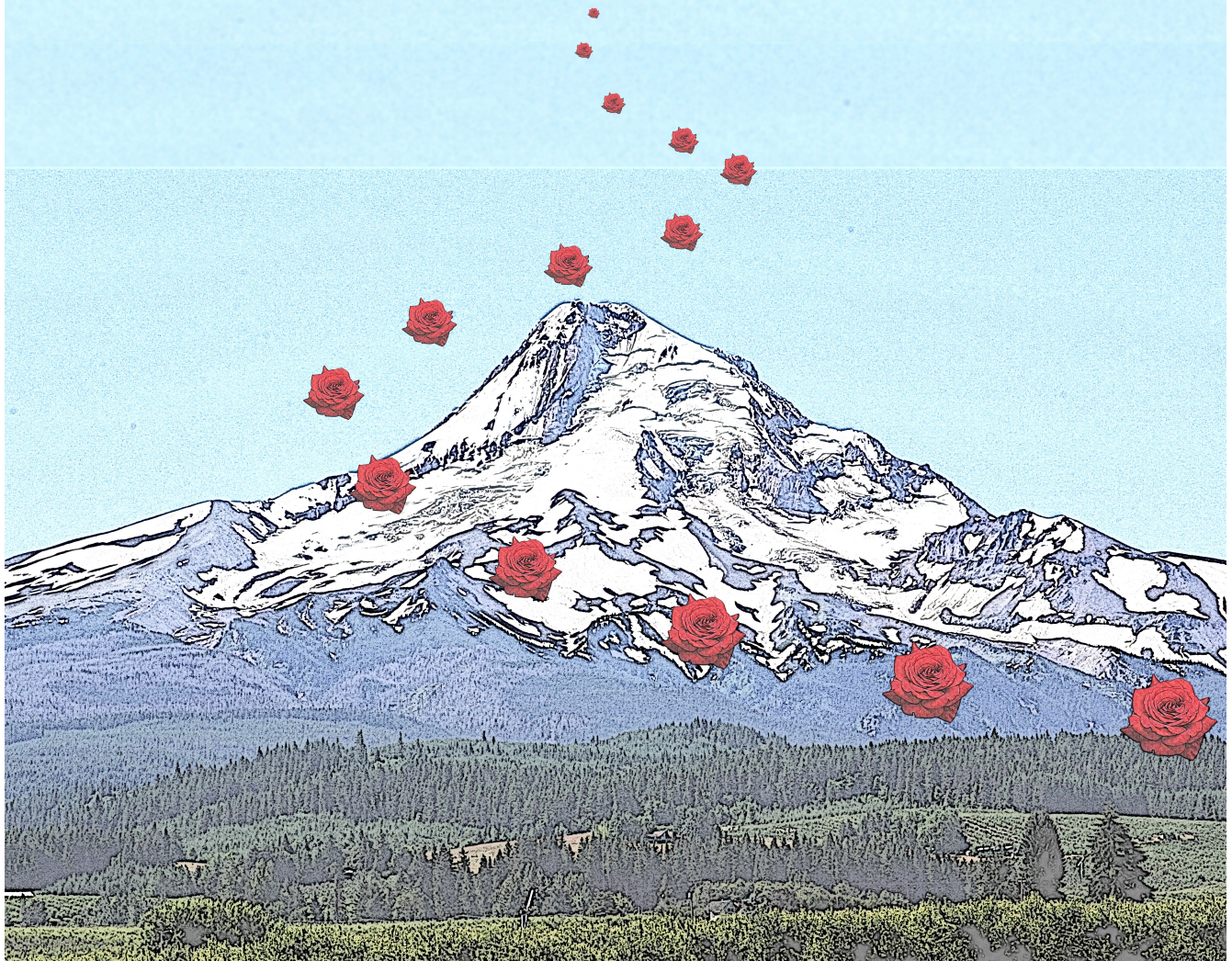
**The First Ever GPS-Based Stage Race and Gran Fondo**

**March 4th - April 1st, Every Saturday**

**For More Information, Visit:**

**<https://ridewithgps.com/events/30764-la-boucle-des-roses>  
[goo.gl/osz1e3](https://www.google.com/search?q=la-boucle-des-roses)**

**<https://www.gofundme.com/la-boucle-des-roses>**



- I. General Information**
- II. Tenets of a Good Cyclist**
- III. Stage 1: Time Trial**
- IV. Stage 2: Banks-Vernonia-Timber**
- V. Stage 3: Bull Run**
- VI. Stage 4: Bald Mountain**
- VII. Stage 5: Wildcat Mountain**
- VIII. Waiver**
- IX. FAQ**

# I. General Information

**Promoter:** Horn The Unicorn (pattersons.shrubbery@gmail.com)

**Sponsors:** You, Your Friends, My Friends, The Community

<https://www.gofundme.com/la-boucle-des-roses>

## About La Boucle Des Roses

The idea of this race grew out of the desire to grow Oregon bicycle racing from a grassroots level, to promote the tenets of good bike riding and to satisfy the missing holes in the Oregon race calendar. My intent is to draw riders from all walks of life, to pit them against excellent courses that would otherwise be off-limits and create a renewable system of racing that eases the costly burdens of race promotion.

I will describe this as a race, but it is more akin to a mass start Gran Fondo, open to all and free. Although, this event has cost me money out of pocket and a lot of time to organize and create the routes. So, if you have any money burning a hole in your pocket or you really like this idea and want to see more like them happen, feel free to donate on the GoFundMe site! Also, this “spirited group ride” has no affiliation with Ride With GPS other than using the platform to facilitate compiling the results.

These courses are (for the most part) difficult and long. They are all marked with paint, but it is up to you to know the courses before hand. There are no referees or course marshals, no follow cars and no feed zones; other than those provided by yourself. Riders who break traffic laws aren't following the tenets of good bike racing, sullyng the image of cyclists and creating an unsafe atmosphere for other riders, please don't be this person.

The race courses open for a week period, if you cannot make it to the Saturday “race” you can ride the course in your free time and your time will be counted (though you must show up to at least 2 Saturdays in the series). Additionally there will be KOM and Points Jersey competitions only available to riders on Saturdays. The Saturday races will begin at 10 AM, sharp. Be there early and don't miss the roll-out. Finally, join everyone on Sunday, April 5<sup>th</sup> at 3 PM for an awards ceremony at Western Bike Works Lovejoy location for free pizza and beer and surprises for top riders ;)

Also, this is a living document, be sure to check in before every race to make sure the courses haven't changed (some are indeed weather conditional and may change the week before). If the Event page on Ride With GPS doesn't list the stage in the format: 'La Boucle Des Roses – Stage X', the route is **NOT** finalized and is subject to change.

## **II. Tenets of a Good Cyclist**

A good cyclist respects the traffic laws, period. They do their best not to litter or leave traces beyond their tire marks. They point out road hazards and furniture and pass a bottle or bar to a rider in need, without putting themselves into that rider's position. They always have flat repair and a cell phone handy, just in case. They congratulate other riders for good deeds or sprints and point out the mistakes that threaten other riders health in a constructive manner. They also concede sprints if cars or other obstacles might make it unsafe. They confront angry drivers with a smile and courtesy. A good cyclist can recognize when an apology is due and can always talk something out. They find secluded bushes to pee behind and they don't cheat race results. We all know personal examples of these cyclists and should strive to be them on and off the bike.

### III. Stage I: Time Trial – March 4<sup>th</sup> 2017



#### Course Description:

This course starts at the entrance to Saltzman road and follows the gravel climb to the gate at the top. Riders will find the start line behind where the segment begins, start from this position at a standstill.

<https://ridewithgps.com/events/30764-la-boucle-des-roses#routes/19201213/preview>



Start of the Saltzman Time Trial, Stage I

Q/KOM Points:

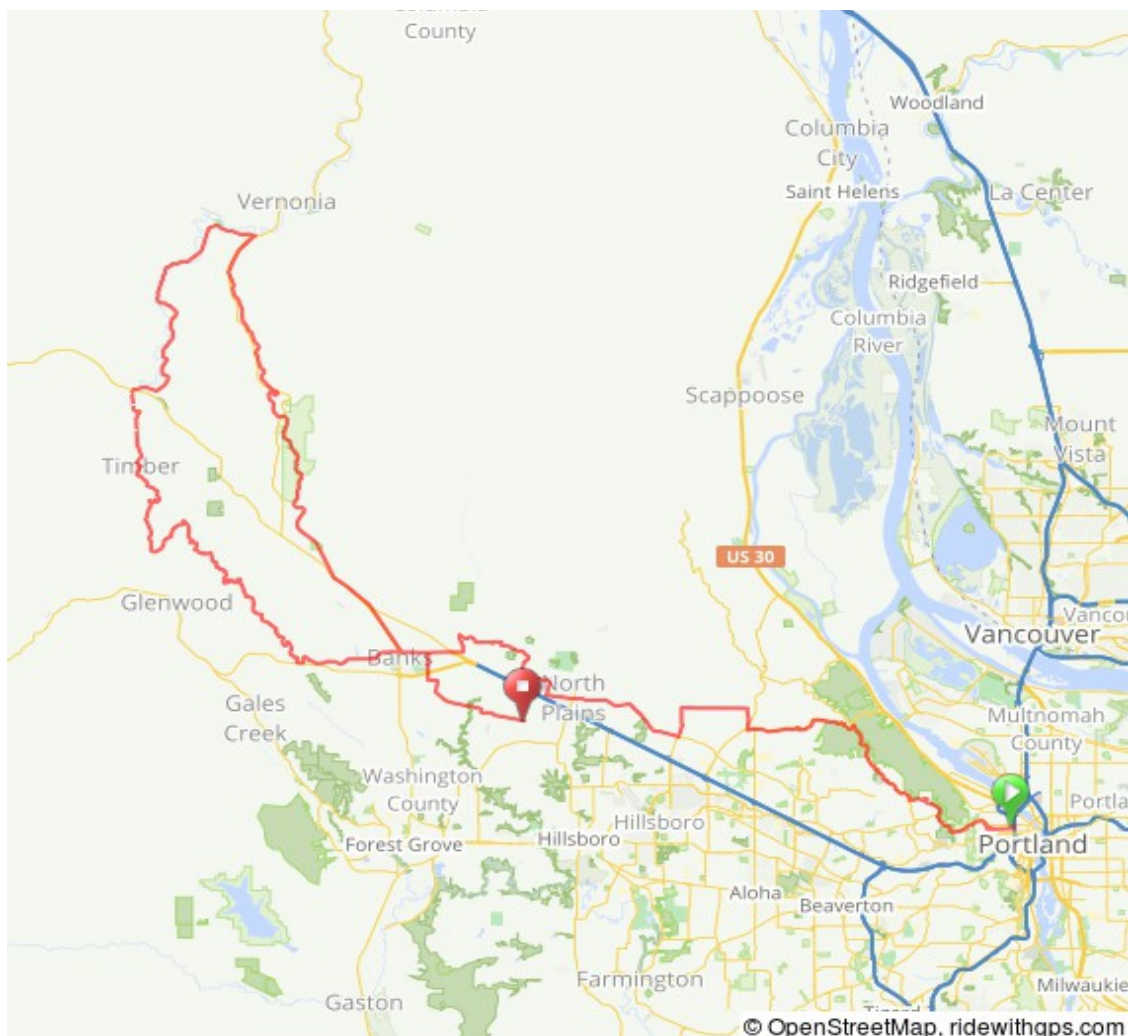
1<sup>st</sup> - 25

2<sup>nd</sup> - 15

3<sup>rd</sup> - 10

4<sup>th</sup> - 5

## IV. Stage 2: Banks-Vernonia-Timber – March 11<sup>th</sup> 2017

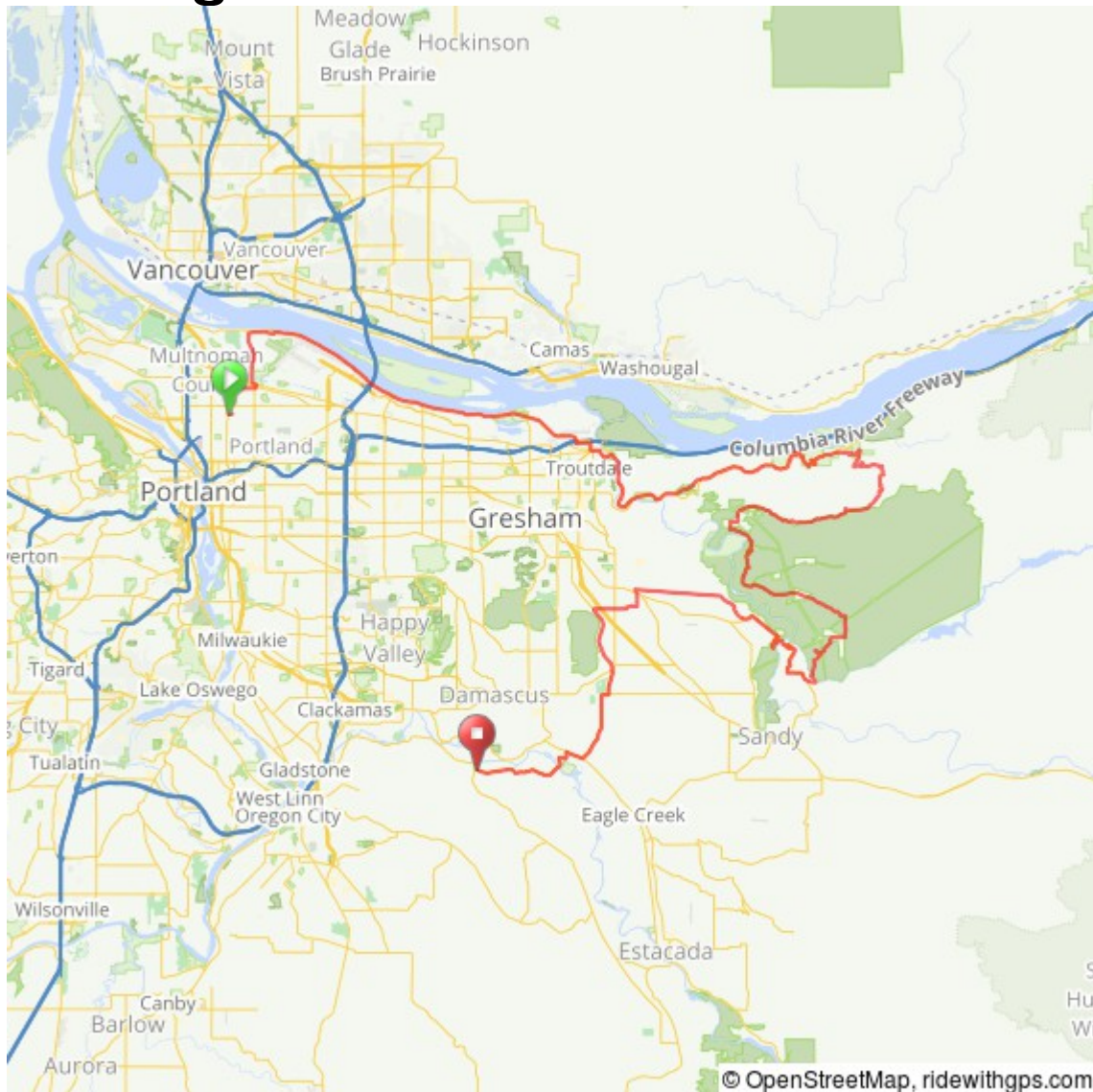


### Course Description:

The race begins at Western Bike Works, there's a "neutral roll-out" until riders reach Thompson. The course crosses Hwy 26, this is a dangerous intersection, proceed with caution. The course follows the Banks-Vernonia trail, so be courteous to other riders and joggers on this portion of the course. The course finishes just outside of North Plains, approximately 6.3 miles from the nearest MAX station.

<https://ridewithgps.com/routes/18887634>

## V. Stage 3: Bull Run – March 18<sup>th</sup> 2017



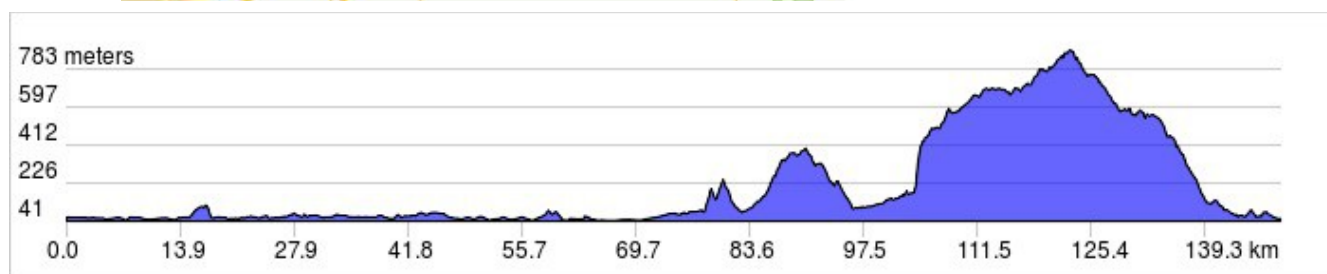
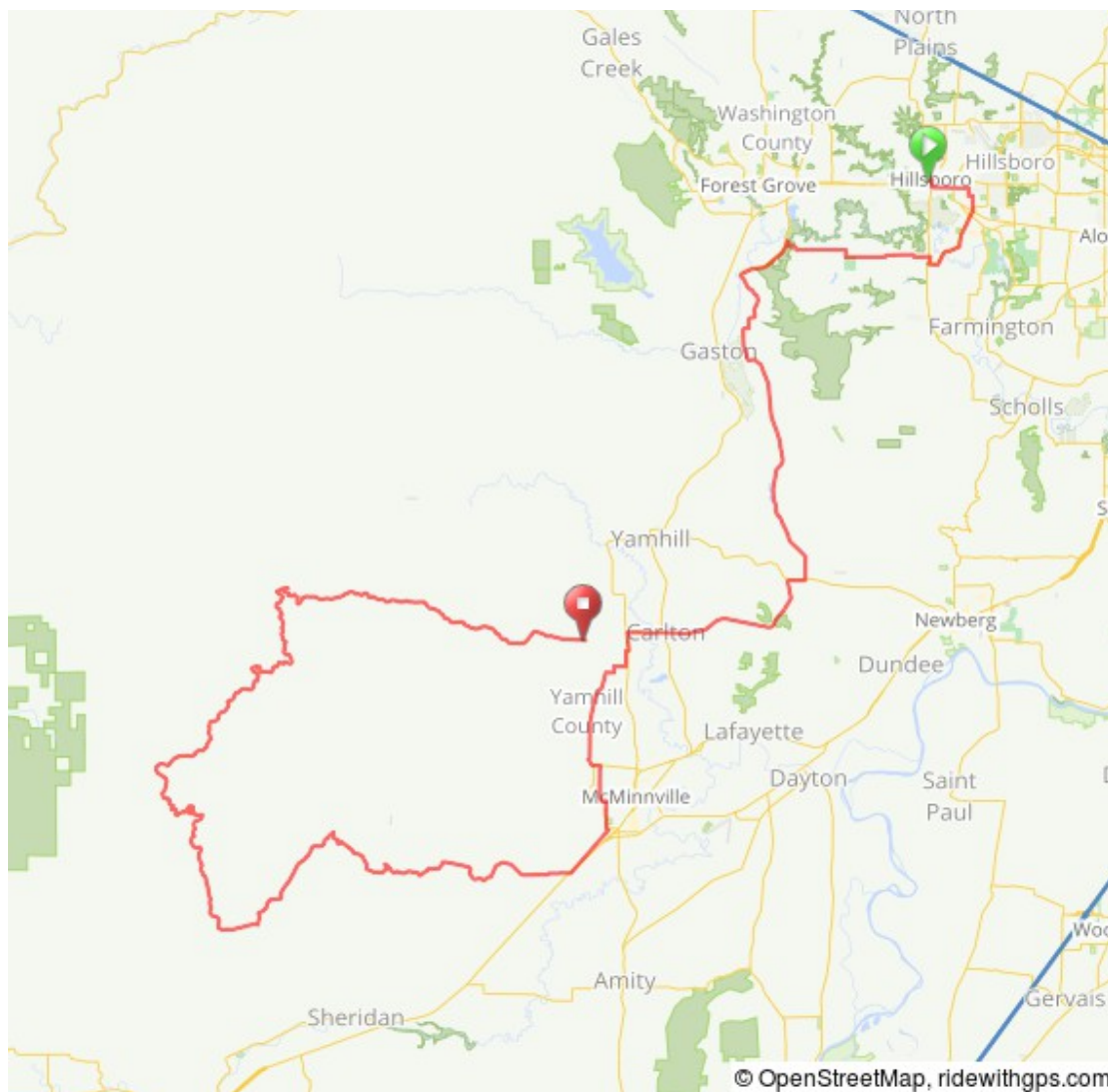
### Course Description:

The race begins at Barista on Alberta Street. There's a “neutral roll-out” until we reach Marine Drive. The race finishes 8 miles from the nearest MAX station.

<https://ridewithgps.com/routes/18887635>



## VI. Stage 4: Bald Mountain – March 25<sup>th</sup> 2017

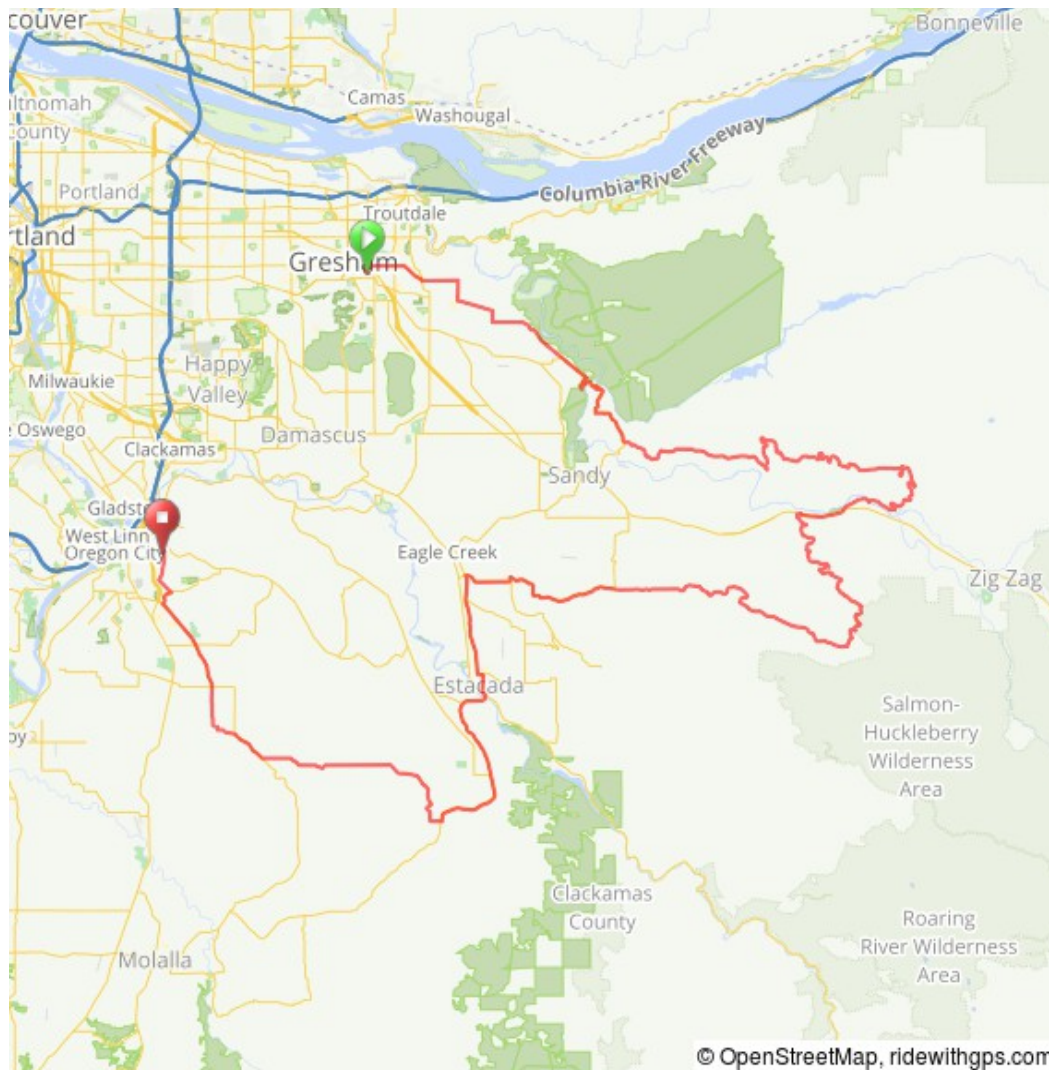


### Course Description:

The race begins at the end of the MAX Blue line in Hillsboro, there's a “neutral roll-out” until we get onto country roads. This race features some very scenic riding, though Bald Mountain will likely be very cold and finishes very far from civilization; it would be worthwhile to organize a ride back for you and your friends.

<https://ridewithgps.com/routes/18887636>

# VII. Stage 5: Wildcat Mountain – April 1<sup>st</sup> 2017



## Course Description:

The race begins at the end of the MAX Blue line in Gresham, there's a “neutral roll-out” until we reach country roads. The course features a long climb, just south of Mount Hood and will be very cold (may even be canceled due to inclement weather). The race finishes 6.5 miles from the nearest MAX station.

<https://ridewithgps.com/routes/18887637>

# VIII. ACCIDENT WAIVER AND RELEASE OF LIABILITY

1. I acknowledge that this athletic event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials and event monitors, and/or producers of the event, and lack of hydration. These risks are not only inherent to athletics, but are also present for volunteers. I hereby assume all of the risks of participating and/or volunteering in this event. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault.
2. I certify that I am physically fit, have sufficiently trained to be a participant in the event and have not been advised otherwise by a qualified medical person.
3. I acknowledge that this Accident Waiver and Release of Liability (AWRL) form will be used by event holders, sponsors and organizers, in events in which I may participate and that it will govern my actions and responsibilities at said events.
4. In consideration of my application and permitting me to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge Will Hahn, his directors, officers, employees, volunteers, agents, event holders, event promoters, event sponsors, event volunteers, event permit grantors, event property owners, and event participants, from any and all liability for my death, disability, personal injury, property damage, property theft, lost income, or any other losses, costs or actions of any kind which hereafter may accrue to me by virtue of my training for this event, my participation in this event or my travel to or from this event; (B) Indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made by other individuals or entities as a result of any of my actions during this event.
5. I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and or illness during this event.
6. I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and or assigns.
7. **IMPORTANT:** Will Hahn and the organizers of this race do not provide insurance coverage for injuries that occur at the race. The costs related to those injuries are the responsibility of the individual participant.
8. **Bicycle use:** I understand that I assume responsibility for the mechanical soundness of my bicycle and its parts, including but not limited to tires, gears, chain and bolts. I have examined or will examine the bicycle and certify that it is properly assembled and fit to ride. I accept responsibility for damaged or lost equipment.
9. I have read and understand the materials regarding concussions posted at <http://www.obra.org/concussion>
10. The AWRL shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.
11. I hereby certify that I have read this document; and, I understand its content.

Event: **La Boucle Des Roses**

Signature of Entrant: \_\_\_\_\_ Date: \_\_\_\_\_

**PARENT/GUARDIAN WAIVER FOR MINORS (under 18 years old):**

The undersigned parent and natural guardian or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of the minor and the parents or legal guardian

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

## IX. FAQ

- I want to sign a digital copy of the 'Accident Waiver and Release of Liability' instead of printing the page, signing, scanning and emailing it back to the promoter. Is there a way to do this?
  - Yes, a purely digital copy of the 'Accident Waiver and Release of Liability' is available here:  
[https://drive.google.com/file/d/0BzULM7Qk\\_cNpWm9RcHAtcFkxSVk/view?usp=sharing](https://drive.google.com/file/d/0BzULM7Qk_cNpWm9RcHAtcFkxSVk/view?usp=sharing)
- My GPS unit had some error during the race and my results were affected, is there some recourse for this?
  - Yes, of course, feel free to email the promoter with any concerns you have about results. This includes your times for the KOM and sprint competitions as well. I will do my best to get in touch with all the riders involved to sort out any issues. That being said, we are relying on technology and technology sometimes sucks, so the system and results aren't going to be perfect and we should all understand this.
- How will cheating and 'Strava-Doping' be dealt with?
  - The hope is that everyone will follow the 'Tenets of a Good Cyclist' and not cheat. From my experiences racing with mens categories in OBRA in the past, most people are reasonable homies who are honest and not interested in cheating. There are some safe guards built into the system though. KOM and sprint competitions are only available during the Saturdays so that riders involved can regulate them. Riders involved in the GC have to show up for at least two of the Saturday rides; then if a rider has unusually fast times during the week and fails to keep up with the group during the two Saturday races, they will be relegated.
- How do the KOM and sprint competitions work?
  - During the Saturday races there will be special, clearly marked areas designating the starts and finishes of the GPS segments. Riders in the lead group are encouraged to compete for the fastest times through these sections. Riders not in the lead group are discouraged from competing in these competitions. Normally in Grand Tours there would be officials keeping track of the first few riders across these special finish lines. Beings that there

are no officials and the promoter is relying on GPS data to accomplish this task, I ask riders to respect the “rules” of this competition. Sprints are more difficult and sometimes split by fractions of a second, thus it's likely I will be relying on testimonials from riders to sort out the winners.

- How will the payouts for the single-day races and the GC work?
  - I'm hoping that enough riders will be interested in the competition aspect to make this portion of the race feasible. Each race will have a payout for the top three times (\$30, \$20, \$10 respectively) and payout for the top five times in the GC at the completion of the series (\$100, \$75, \$50, \$30, \$20), men and women will be scored separately and have equal payout. This is a total of \$1150 in prizes, equivalent to about 60 entrants to the GC total since all race entry fees go directly to rider payout. If this goal is reached and there is extra money I will put it towards hats for the KOM and points competitions (I'm uncertain of the costs of this portion). If that goal is also met, the extra money will be held in reserve for insuring future races of this structure can happen. The payouts may take time to fully sort out, but I will make every effort to get riders their fair dues.
  
- Why are we using Ride With GPS and not Strava? I ONLY USE STRAVA!
  - Ride With GPS has functionality built into it that supports the structure of this race, Strava does not and I'd have to program an applet to accomplish the same goals (If you wanted to do this for me, in the future I would consider using Strava). Additionally, Ride With GPS is a Portland based company that employs people we may have raced with in the past; I believe that supporting them and drawing new riders to their platform is good for our cycling community.
  
- I don't see my question here and it's important!
  - Feel free to email me directly with your questions and concerns. If they're valuable feedback, I will add them to this document, preserving your inquisitive mind in written form for eternity :)